We are looking for compassionate, understanding people to become **Volunteer Chaplains!**

If you:

* Are a good listener
* Have a heart for helping young people
* Have some time to give on a Thursday evening
* Like cooking meals with others and sitting round a table to eat with them

Then we would love to hear from you!

Our volunteer Chaplains are people of faith who spend one evening every few weeks cooking a simple meal and sitting round a table to eat with the vulnerable young people who would otherwise be homeless. Just being there with them connects these young people to others in their community, and they feel valued and heard. A simple meal brings them and our volunteers together and creates a homely atmosphere that many of us take for granted. They are also there to talk about faith or pray, should a young person ask it.

*“Chaplaincy makes me feel like I have a place to go at the end of the day on and reflect on things in the company of others, where I can unpack my feelings and thoughts a bit, socialise if I want to. It’s a fairly open space where people can get to know each other… and overall it makes me feel pretty happy, content and just accepted, and that’s good.”* **Resident***.*

*“It’s very rewarding to cook for the young people and to get to know them. The obvious benefits they are getting from the social opportunity of eating together is lovely to see.”* **Volunteer**

Interested? To find out more and apply, contact Samantha Burton, YMCA West Sussex Chaplain: [samantha.burton@ymcadlg.org](mailto:samantha.burton@ymcadlg.org) / 07557855779

**Volunteer with us!**