# Study 6: The Fruit of the Spirit- Patience

## Talk About

Share a time in your life that has required the most patience. What helped you through this?

## Discussion

**PATIENCE- Read James 5:7-11**

1. James encourages his readers to be patient in the face of the suffering that they are enduring. He encourages them to be patient like a farmer. What aspects of the farmer’s example are we to learn from, and what should be our focus and hope as we wait (v7-8)?
2. Sometimes others can test our patience especially when we are under pressure and pain. What instruction does James give to us about those situations and what should be our motivation (v9)?
3. The prophets are the next example for us to follow in being patient. What do we learn from their example? What hope can we have in following them (v10-11. See Matthew 5:11-12 & 1 Peter 3:14; 4:14)?
4. Job is the third example we have of perseverance. What quality are we to imitate in Job and what qualities of God can give assurance to us in our trials and troubles (11)?
5. Have a look at some of the following scriptures. What do they teach us about the practice and value of patience and being patient?
	* Nehemiah 9:30
	* Psalm 37:7, 40:1
	* Proverbs 14:29, 15:18, 16:32, 19:11, 25:15
	* Ecclesiastes 7:8
	* Isaiah 7:13, 38:13
	* Habakkuk 3:16
	* Matthew 18:26, 29
	* Romans 2:4, 8:25, 9:22, 12:12
	* 1 Corinthians 13:4, 2 Corinthians 1:6, 6:6
	* Ephesians 4:2
	* Colossians 1:11, 3:12
	* 1 Thessalonians 5:14
	* 1 Timothy 1:16, 2 Timothy 3:10, 4:2
	* Hebrews 6:12,15
	* James 5:7-8
	* 1 Peter 3:20, 2 Peter 3:9,15
	* Revelation 1:9, 3:10, 13:10, 14:12
6. What impact will more patience have in your life and to those around you?
7. How are you encouraged by James’ teaching and the teaching from other scriptures to make a commitment with God to grow patience in your life?

## Prayer:

Invite the Holy Spirit to fill the gathering of your life group/discipleship group.

Pray with one another for specific situations that need the patience of God to break through.

Pray that this fruit might grow in our lives.