# Study 7: The Fruit of the Spirit - Kindness

## Talk about

How would you define kindness? Share a story of when you were the recipient of it.

## Introduction

The good news was transforming the island of Crete and God’s strategy for this was through the transformed lives of His people. Paul wrote this letter to describe how the gospel transforms our relationships, revealing the transformed Christian citizen (Chapter 3). Here we will learn about kindness!

## Scripture: Read Titus 3:1-11

## Discussion

1. Paul describes some qualities of how the transformed believer lives, and what they avoid (v1-2). Highlight each quality and discuss which behaviours grab your attention.
2. What stands out to you in the way the qualities (v1-2) are contrasted with our previous way of life (v3)? Take a moment to reflect on/describe your way of life before encountering Jesus.
3. Paul describes the amazing source of our transformation (v4-7). This begins with the revealing/appearing of God’s kindness and love. How did God the Father, Jesus the Son and the Holy Spirit express that kindness and love to us?
4. How is this wonderful work of God in us meant to impact our daily lives in what we should do (v8) and what we should avoid (v9-11)?
5. In summary, how then should the kindness of God enable and empower our kindness to others?
6. Who most needs to encounter the kindness of God through your life right now?
7. From the passage today, what step will you take together with God so that kindness might flourish even more in your life and in the life of your fellowship?

## Prayer:

Invite the Spirit to fill the gathering of your life group/discipleship group.

Pray for people who need the kindness of God.

Pray for each other that this fruit might grow in us.